



Swan Reach AREA SCHOOL

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Government
of South Australia
Department for Education
and Child Development

Information for parents regarding **13 reasons why**

Dear Parents and Carers,

Some of you may be aware of the Netflix series 13 Reasons Why and the criticism surrounding the series. Since the series was released in March, many organisations and medical professionals have raised concerns over the content as the series does not meet the national media guidelines.

The content is extremely graphic, with disturbing scenes related to sexual assault, bullying, drug use and suicide, which may be difficult for impressionable minds to watch and process in a healthy way.

The school does not recommend that students watch this series as it conveys unhelpful and dangerous messages, no references are made to seeking help and children and young people may start to identify with the characters.

It is essential as a parent to have open and honest conversations with your child particularly if they express an interest in the series.

If you have any concerns about your child/ren's wellbeing, more information on this topic can be found at <https://headspace.org.au/assets/Uploads/Resource-library/Family-and-friends/Information-for-parents-and-carers-FAF-web.pdf> or you may like to contact the school-based counsellor or a helpline.

Local GP:

Kids helpline: 1800 551 800

Lifeline: 13 11 14

<https://eheadspace.org.au/>

Kind regards

John Robertson
Principal